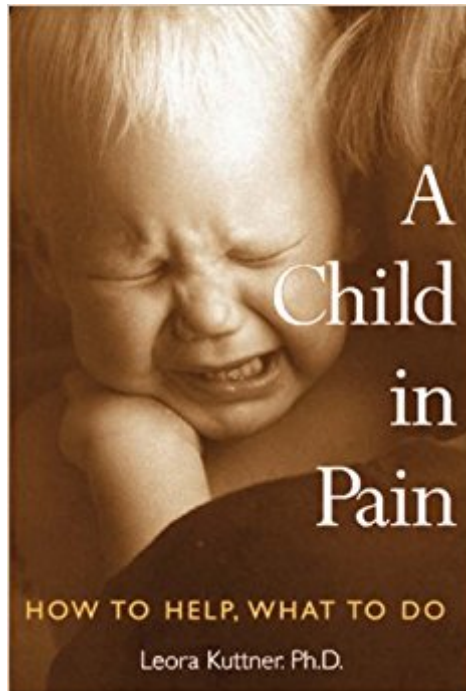




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# A Child In Pain: How To Help, What To Do



## Synopsis

Unique in the field, this book provides specific language that will help children manage the full spectrum of the pain experience, both on a sensory and an emotional level. The volume spells out clearly what the professional, the parent, the child, and the team together, can do to ease the pain itself and uncover the resources to support management and recovery. There are important discussions on: responding to a child's pain medications to relieve pain visiting the doctor preparation for the hospital pain management at home going to the dentist and more. Indispensable for the range of caregivers--whether parent, nurse, psychotherapist, or other significant adult--the book imparts the necessary knowledge for a sensitive, effective response repertoire that can be applied across settings. Unique in the field, this book provides specific language that will help children manage the full spectrum of the pain experience, both on a sensory and an emotional level. The volume spells out clearly what the professional, the parent, the child, and the team together, can do to ease the pain itself and uncover the resources to support management and recovery. There are important discussions on: --responding to a child's pain -- medications to relieve pain --visiting the doctor --preparation for the hospital --pain management at home --going to the dentist and more. Indispensable for the range of caregivers -- whether parent, nurse, psychotherapist, or other significant adult -- the book imparts the necessary knowledge for a sensitive, effective response repertoire that can be applied across settings.

## Book Information

Paperback: 286 pages

Publisher: Crown House Publishing (April 1, 2008)

Language: English

ISBN-10: 1845901193

ISBN-13: 978-1845901196

Product Dimensions: 9 x 7 x 0.8 inches

Shipping Weight: 1.2 pounds

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## Customer Reviews

I recommend this book not only to parents and health care workers of all disciplines but to students before they learn the correct way to think about pain and its management. --William Cohen, MD, Journal of Development and Behavioral Pediatrics

Leora Kuttner, PhD is a paediatric clinical psychologist and mother who specializes in children's pain management. She is a Clinical Professor in the Paediatric Department of the University of British Columbia and BC Children's Hospital, Vancouver.

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